



Parent/Player Commitment Form

Parent Expectations:

SPORTSMANSHIP IS NOT ONLY HOW YOU PLAY THE GAME IT IS ALSO HOW YOU WATCH THE GAME...

- **Support**
 - Come enjoy games and be supportive. Cheer for ALL Players to make them feel important.
 - Be positive and supportive whether the team loses or wins or if your child plays well or struggles.
 - Understand that the game can be difficult to learn and play.
- **Responsibility**
 - Have your child at practices and games early and ready to play in proper attire.
 - Game times are start times not arrival times! Arrive 10 minutes early for practice, 30 minutes for games, unless otherwise specified.
 - Be a positive role model.
- **Respect**
 - Be respectful of ALL Players, coaches and referees at all times.
 - Please allow the coach to run the team. Please refrain from coaching from the sidelines.
 - There is a 24 hour rule after a tournament. Parents will wait at least 24 hours before discussing any issues with the coaching staff. Parents are only allowed to discuss issues with a coach after their daughter has approached and attempted to discuss issues with the coaching staff.
 - Please be respectful of all players during games and at home. Team struggles often begin with finger pointing and negative comments of other players at home.
 - NEVER use negative comments to or about players, coaches or referees.

Player Expectations:

ALWAYS REMEMBER THAT IT IS A PRIVILEGE TO PLAY ON A TEAM...

- **Responsibility**
 - Time: be at least 10 minutes early to practice and 30 minutes early for games, unless otherwise specified. Be dressed and ready when practice or games begin.
 - Show up ready to play and give maximum effort.
 - Let the coach know if you will be late or will miss a game or practice so they can plan accordingly.
 - Take responsibility for your actions: If things are not going well, please do not point fingers or place the blame on others. Learn the principles of positive reinforcement and apply them in practice and competition.
- **Focus**
 - Give 100% Focus at all times

